

Menu

Notes For Parents:-

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Jacket Potato with Tuna Mayonnaise Cheese Beans Salad Selection Crusty Bread	Meat Balls Pasta or Couscous Vegetables salad	Salmon Fillet New or Roast Potatoes Vegetables Salad	Mince Dish Yorkshire or Potatoes Vegetables	Pizza (Cheese and Tomatoes) Wedges/Chips or Jacket Potato Beans Salad
Week 2	Tuna Melt Jacket Potatoes or New Potatoes Beans Salad	Pork Casserole Pasta or Potatoes Vegetables	Mince Dish (Bolognaise or chilli) Rice or Pasta Salad Crusty bread	Chicken Dish (Pie / Casserole /Curry) Potatoes or Rice Vegetables	Salmon & Cod Fish Cakes or Cod bites Wedges/Chips or Jacket Potato Beans Salad
Week 3	Salmon Fillet New or Roast Potatoes Vegetables Salad	Chicken Fajitas Wraps Couscous Vegetables Salad	Jacket Potato with Tuna Mayonnaise Cheese Beans Salad Selection Crusty Bread	Mince Dish (Pie or with Dumplings) Potatoes Vegetables	Sausage Roll Wedges/Chips or Jacket Potato Beans Salad
Week 4	Mince Dish (Bolognaise or chilli) Rice or Pasta Vegetables Salad Crusty bread	Tuna Melt Jacket Potatoes or New Potatoes Beans Salad	Sausage & Gravy Yorkshire Pudding Potatoes Vegetables	Chicken Dish (Pie or Casserole or Curry) Potatoes or Rice Vegetables	Salmon & Cod Fish Cakes or Cod bites Wedges/Chips or Jacket Potato Beans Salad

On the days that I have a “Meat Dish”, I will be varying the choice ie:-
Chicken – Pie, Casserole, Curry
Mince - Dumplings, Pie, Yorkshire Puddings
Pork – Casserole, Moroccan, Cobbler

Potatoes will vary between New, Roast, Creamed and Jackets.

On the days without Potatoes either Rice, Pasta or Cous Cous will be served.

Friday’s - I will be varying Jacket Potato, Chips or Wedges as some children do not like certain potato products.

Daily - For desert there will be a pudding. However, the days will vary and both yoghurts and fresh fruit are available each day.