

Personal Social Health  
Economics (PSHE)  
and  
Relationships and Sex Education  
(RSE)  
Health Education (HE)

Otterburn Primary School

# Objectives

We want to:

- Explain the changes to requirements for RSE coming in from September 2020
- Get your views on our RSE curriculum
- Explain how we have updated our PSHE curriculum to cover the new statutory elements of RSE

# What's New?

- We **must** provide the following to all pupils:
  - Relationships education
  - Health education
- The DfE have made it clear that schools should **not** just 'teach to the guidance', but see it as the basic requirement which forms part of broader PSHE education.
- The statutory guidance outlines what schools **must** cover - though not everything that schools **should** cover - in PSHE from 2020. The Department for Education (DfE) says: *'All elements of PSHE are important and the government continues to recommend PSHE be taught in schools'*.

# What will we be following?



Pupils will also be taught through three underlying core themes, within which there will be broad overlap and flexibility:-

1. Health and Wellbeing
2. Relationships
3. Living in the Wider World

## **An Introduction to the Key Stage One 3D PSHE Programme**

Within these three core themes you will visit, investigate and teach 12 separate units, through 72 individual lessons, based upon the following areas:-

- Healthy Lifestyles
- Hygiene
- Changing and Growing
- Emotions
- Keeping Safe
- Communication
- Bullying
- Fairness
- Family and Friends
- Rules and Responsibilities
- Communities
- Money and Finance

## **An Introduction to the Key Stage Two 3D PSHE Programme**

Within these three core themes you will visit, investigate and teach 21 separate units, through 104 individual lessons, based upon the following areas:-

- |                              |                                |
|------------------------------|--------------------------------|
| • Health                     | • Economic Awareness           |
| • Healthy Lifestyles         | • Nutrition and Food           |
| • Hygiene                    | • Aspirations                  |
| • Changing and Growing       | • First Aid                    |
| • Emotions                   | • Collaboration                |
| • Safety                     | • Similarities and Differences |
| • Communication              | • Healthy Relationships        |
| • Bullying                   | • Diversity                    |
| • Fairness                   | • Discrimination               |
| • Family and Friends         | • Enterprise                   |
| • Rules and Responsibilities |                                |
| • Communities                |                                |

# What about Sex Education?

- These new statutory requirements do not extend to **sex education** at KS 1 and 2 (beyond the biological/reproductive aspects schools are already required to cover in science)
- However, the Department for Education *'continues to recommend that all primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils'*
- Parents will continue to have the right to withdraw their child from sex education but **not** from statutory Relationships Education or Health Education.

# Right of withdrawal

## Current Guidelines

- Under the current SRE guidance, until September 2020, parents can choose to withdraw their child (up to the age of 18) from any or all aspects of Sex and Relationships Education that are not included within the statutory National Curriculum.
- This means that parents are not permitted to withdraw their child from elements of sex education (for example reproductive and biological aspects) that are within the science curriculum.
- Schools must make alternative arrangements for pupils whose parents choose to withdraw them from SRE lessons

## Starting September 2020

- Parents will not be able to withdraw their child from any aspect of Relationships Education or Health Education.
- Parents will be able to withdraw their child (following discussion with the school) from **any or all aspects of Sex Education**, other than those which are part of the science curriculum, up to and until three terms before the age of 16.
- After that point, the guidance states that 'if the child wishes to receive sex education rather than be withdrawn, the school should make arrangements to provide the child with sex education during one of those terms.'
- Where pupils are withdrawn from sex education, schools should document the process and will have to 'ensure that the pupil receives appropriate, purposeful education during the period of withdrawal.'



# For more information:



Promotional material

**Relationships, sex and health  
education: guides for parents**

***Search 'RSE FAQ' on GOV.UK***

***Search 'RSE Parent Guide' on GOV.UK***



**Any questions or concerns:**

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